



FARM-TO-SCHOOL at Craftsbury Schools

WINTER 2017

FALL AND WINTER WORKSHOPS

NUMBER OF
WORKSHOPS

15

GRADES
REACHED

K-8

WORKSHOP TITLES

Moo to You, Vermont
Agricultural History,
Cooking Then and
Now, Soil Science,
Squash Harvest and
processing



5th and 6th graders learn about soil science!



5th and 6th grade also processed 47 lbs of watermelon which was served to all students at lunch

The 8th graders have been a part of an ongoing project that begun at Pete's Greens on December 1. We helped sort squash and got to keep over 50 lbs of seconds, which we have been processing since the harvest and selling the products at the General Store. All funds will be used for a farm to school field trip or meal in the spring!



1st and 2nd grade

First and second graders worked diligently to prepare the Mashed Sweet Potato Taste Test recipe in November. Each student used their hands after donning food service gloves to remove the skins from the sweet potatoes and then mash them in bowls at their tables where they also added cinnamon and maple syrup. It was a favorite for many students this year as far as taste tests go!



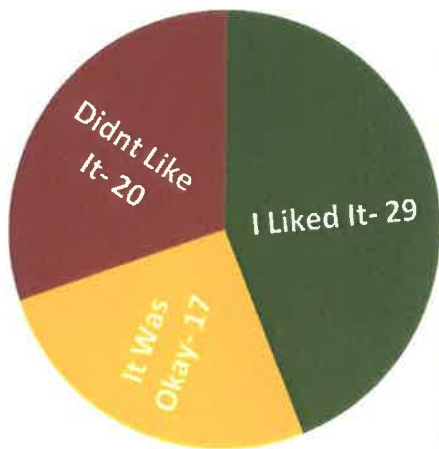
WINTER HARVEST OF THE MONTH

DECEMBER WINTER SQUASH



Maple Roasted Butternut Squash

Recipe prepared by
Mrs. Lyon and Mrs.
Holbrook's 5th and
6th grade Class!



44% of the school
liked this recipe!

JANUARY PARSNIPS



Honey Spiced Parsnip Bread

Recipe prepared by
Mrs. Massucci's 3rd
and 4th grade class!



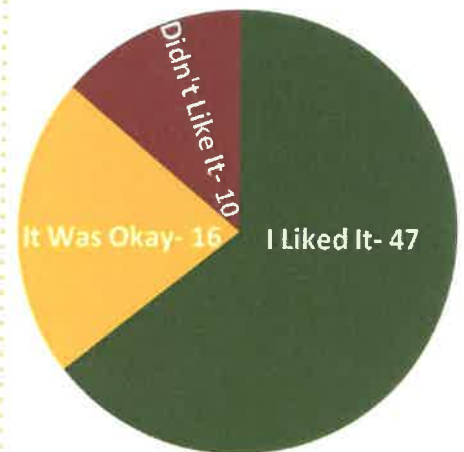
96% of the school
liked this recipe!

FEBRUARY CABBAGE



Ramen Coleslaw

Recipe prepared by
Mrs. Lyon's 5th and
6th grade Class!



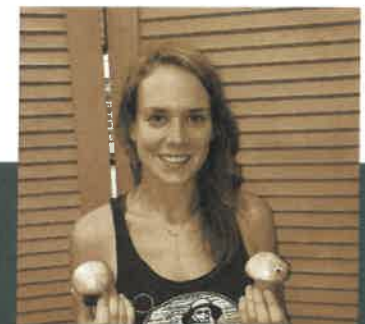
64% of the school
liked this recipe!

For at-home tips and fun facts about each HOM item, please visit the website at www.VermontHarvestoftheMonth.org

Community Connections

The annual Craftsbury Memorial Day Plant Sale is just around the corner! If you are interested in helping with the planting or actual sale of the plants, please contact Meg Steward for further information.

Thank you to all who have purchased squash goods benefiting the 8th grade Farm to School project at the General Store! All proceeds go to a final celebratory project or field trip that will be decided by the 8th grade class in the spring.



The Craftsbury FTS program would love your help! Contact Meg Steward to find out how you can help!
msteward@gmfts.org,
334-2044

Thinking Spring? If you or any community members are interested in helping out at the School Gardens this summer, please contact me for details!